



Yardley Primary School

Harvey Road, Yardley, Birmingham, B26 1TD

Tel: 0121 464 3235 Fax: 0121 464 6647

Email: enquiry@yardleyschool.com

Head Teacher: Ms G Moore

11th May 2018

Dear Parent/Guardian

Year 5 Personal, Social and Health Education Programme - SRE

As part of the school's Personal, Social and Health Education programme your child will soon receive lessons on relationships and puberty.

The purpose of Sex and Relationship Education (SRE) is to provide knowledge and understanding of how the human body changes during puberty and personal hygiene.

If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may reinforce what you are already doing at home.

The key aims of SRE are to:

- 1 Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
- 2 Establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and marriage.
- 3 Foster self-awareness and self-esteem.
- 4 Develop a sense of responsibility and respect for themselves and others.

The SRE programme includes watching a DVD from the Channel 4 *Living and Growing* series and input from the class teacher. All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner.

The programme will cover:

- 1 Puberty
- 2 Menstruation
- 3 Personal Hygiene



You are welcome to contact your child's class teacher to discuss the programme or to view any of the teaching materials used. You are invited to view the DVD that will be shown to your child on Tuesday 22nd May 2018 at 3.30pm in Mr Argyle's classroom 5A.

Parents can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from all or part of the schools sex education programme would you please write to your child's class teacher before Thursday 24th May 2018. Class teachers will show the DVD on Tuesday 5th June 2018.

For further information, please find enclosed a leaflet entitled SRE & Parents, published by the Department for Education and Skills.

I should be grateful if you would sign the reply slip below to acknowledge receipt of this letter and return the slip to school as soon as possible.

Yours sincerely

PSHE Coordinator

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Year 5 Personal, Social and Health Education - SRE

I acknowledge receipt of a letter advising me that lessons on puberty and personal hygiene will be shown on Tuesday 5th June 2018.

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Name of child

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Signature of parent

I will attend the preview of the DVD on Tuesday 22nd May 2018 at 3.30pm in Mr Argyle's classroom 5A.

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Name of child

.....
Signature of parent

